St. Mary's School, Melrose

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEK 2
Breakfast	A selection of cereals, porridge, toast, with butter, jam, marmalade, marmite, orange juice, milk and yoghurts	A selection of cereals, porridge, toast, with butter, jam, marmalade, marmite, orange juice, milk and yoghurts Bacon rolls	A selection of cereals, porridge, toast, croissants with butter, jam, marmalade, marmite, orange juice, milk and yoghurts	A selection of cereals, porridge, toast, pain au chocolate with butter, jam, marmalade, marmite, orange juice, milk and yoghurts	Oven cooked breakfast of sausages, bacon, eggs, hash browns, baked beans, toast, orange juice and milk	
Soup	Carrot and orange	Leek and potato	Tomato	Vegetable	Minestrone	
Main	Chicken enchiladas	Tacos, chilli, chicken	Beef and Pork Ragu	Minced beef pie	Fish	
Vegetarian	Vegetable enchiladas	Vegetable tostadas	Tomato Sauce	Mixed veg	Fishless fingers	
Carbohydrates	Wraps	Tacos	Pasta	Hot Potato dish	Chips	
Vegetables	Mexican coleslaw	Salad bar	Salad bar	Vegetables	Salad Bar	
Dessert	Warm fruit and yoghurts	Semolina and jam	yoghurts and fruit	Sticky toffee pudding and cream	Yoghurts and fruit	
Snack	Savoury / sweet snack with milk or water	Savoury / sweet snack with milk or water	Savoury / sweet snack with milk or water	Savoury / sweet snack with milk or water	Savoury / sweet snack with milk or water	
Supper	Meat Balls	Chicken Vol au vents	Sausage casserole	Bacon & Tomato Pasta		
Carbohydrates	Rice	Potatoes	Mashed tatties	Garlic Bread		
Vegetables	Vegetables	Vegetables	Vegetables	Salad bar		

On occasion, menus may have to be altered at short notice, while ensuring a balanced diet is maintained.